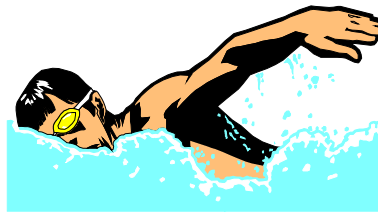


Coomes Recreation Center
Melisha Wynne - Aquatic Coordinator
300 Stanley Street
Abingdon, VA 24210
(276) 623 - 5279
mwynne@abingdonva.us



Aquatic Department

Aquatic Certification Classes - 2011 **{Age limit 15 years old for all Lifeguard Training Classes}**

Lifeguard Training – Class 1

Class 1 February 8 thru February 19, 2011 Tuesday, Thursday and Saturday **Limit 10**
Tuesday, Thursday 5:00 pm to 9:00 pm, Saturday 9:00 am to 3:00 pm
Cost **\$125.00** including Lifeguard Training, CPR for Pro Rescuer, Automated External Defibrillation, First Aid, Preventing Disease Transmission, Introduction to Oxygen Administration, all books and materials

Lifeguard Training – Class 2

Class 2 February 22 thru March 5, 2011 Tuesday, Thursday and Saturday **Limit 10**
Tuesday, Thursday 5:00 pm to 9:00 pm, Saturday 9:00 am to 3:00 pm
Cost **\$125.00** including Lifeguard Training, CPR for Pro Rescuer, Automated External Defibrillation, First Aid, Preventing Disease Transmission, Introduction to Oxygen Administration, all books and materials

Lifeguard Training – Class 3

Class 3 March 22 thru April 2, 2011 Tuesday, Thursday and Saturday **Limit 10**
Tuesday, Thursday 5:00 pm to 9:00 pm, Saturday 9:00 am to 3:00 pm
Cost **\$125.00** including Lifeguard Training, CPR for Pro Rescuer, Automated External Defibrillation, First Aid, Preventing Disease Transmission, Introduction to Oxygen Administration, all books and materials

Lifeguard Training – Class 4

Class 4 April 5 thru April 16, 2011 Tuesday, Thursday and Saturday **Limit 10**
Tuesday, Thursday 5:00 pm to 9:00 pm, Saturday 9:00 am to 3:00 pm
Cost **\$125.00** including Lifeguard Training, CPR for Pro Rescuer, Automated External Defibrillation, First Aid, Preventing Disease Transmission, Introduction to Oxygen Administration, all books and materials

Lifeguard Training – Class 5

Class 5 April 26 thru May 7, 2011 Tuesday, Thursday and Saturday **Limit 10**
Tuesday, Thursday 5:00 pm to 9:00 pm, Saturday 9:00 am to 3:00 pm
Cost **\$125.00** including Lifeguard Training, CPR for Pro Rescuer, Automated External Defibrillation, First Aid, Preventing Disease Transmission, Introduction to Oxygen Administration, all books and materials

Sign ups begin January 5, 2011 for all classes listed above. Spots not held without payment.
